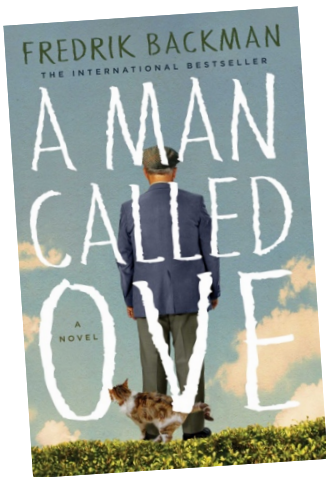


## Winter 2017 Library News

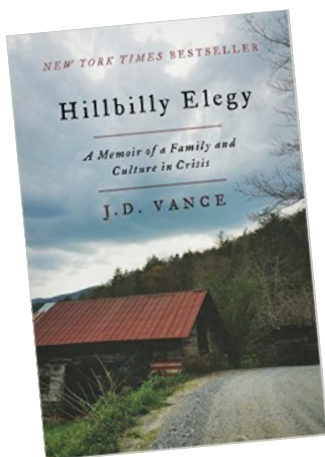
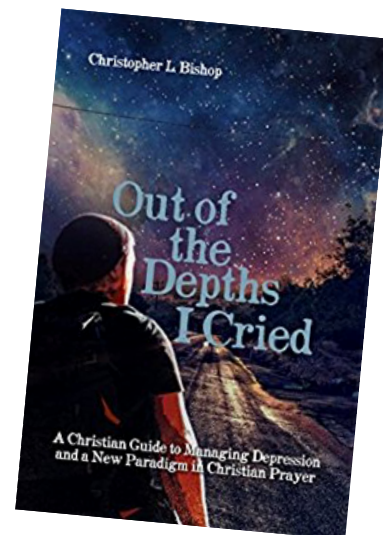


### ***A Man Called Ove*** **by Fredrik Backman**

Meet Ove. He's a curmudgeon. People call him *the bitter neighbor from hell*. However, behind the cranky exterior there is a story and a sadness. So when one November morning a chatty young couple with two chatty young daughters move in next door and accidentally flatten Ove's mailbox, it is the lead in to a comical and heartwarming tale of unexpected friendship, and the ancient art of backing up a U-Haul.

### ***Out of the Depths I Cried: A Christian Guide to Managing Depression and a New Paradigm in Christian Prayer*** **by Christopher L. Bishop**

Chris attends First Bethel with his wife and children. Chris was diagnosed with Major Depression, PTSD, and SAD at the beginning of 2014. After three hospitalizations and a two-month outpatient treatment program, he finally had developed an idea of what he needed to do to get better. *Out of the Depths I Cried* is a step-by-step guide to managing depression created by Chris to document and build upon his experiences and the things that he had to learn the hard way. It answers questions about how to ask for help and about how prayer (as he now understands it) can help one grow through depression.



### ***Hillbilly Elegy: A Memoir of a Family and Culture in Crisis*** **by J. D. Vance**

*Hillbilly Elegy* is a passionate and personal analysis of a culture in crisis—that of poor, white Americans. The disintegration of this group, a process that has been slowly occurring now for over forty years, has been reported with growing frequency and alarm, but has never before been written about as searingly from the inside. In *Hillbilly Elegy*, J.D. Vance tells the true story of how his grandparents, aunt, uncle, sister, and, most of all, his mother struggled profoundly with the demands of a newly found middle-class life, never fully escaping

the legacy of abuse, alcoholism, poverty, and trauma so characteristic of their roots in a poor Rust Belt town.